

Promontory



Thriving In A Post-Covid World



**Local Radiography
Scene | P. 04**

**Community Treatment
Facility @ Tampines | P. 08**

COVER PHOTOGRAPHY by ONG YING SIN, RADIOGRAPHER

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President's Message



Denise is a senior radiographer in NUH. She enjoys baking cakes and has a passion for the arts. She currently sings and performs with her alumni choir, Raffles Singers.

Greetings everyone!

This is the first newsletter coming to you from the newly elected SSR executive committee! As your exco we are committed to bringing you content that will pique your interests and help our profession grow. This issue of the Promontory, titled Thriving in a Post - COVID world brings you team features and articles aligned with our SSR initiatives such as boosting research, promoting sharing amongst members and continuous learning.

We are happy to receive and publish a piece from the young team at Woodlands Health detailing their efforts in setting up the CTF at Tampines. Their openness to share their experiences allows us to learn from each other and celebrate our wins together! Well done Hashwin and team, on a successful mission in the greater fight against COVID-19!

Setting up a new service not only requires a brave and open mind, being curious to ask questions and seek the answers is a key quality in creating something new. This is where research comes in! Azizah shares her tips for conducting a successful research study in an easy to follow framework that can guide any kind of research! Have a go at creating an outline and if you need some help, feel free to reach out to the experts in the SSR community through our research clinic, specially created for our SSR members.

Our new Academic chair Xu Kai also highlights the CPD framework developed by SSR that will come in very handy for crafting your continuing professional development journey. If you are looking for tips that you can apply directly to your clinical work, Harris shares some gems from his experience at the NUHS Urgent Care Clinic for paediatric patients on how to improve cooperation in our young patients with the 'magic' of Cocomelon! On the operations front, we want to reassure you that your privacy is important to us. You trust us with your data and in this issue, our newly minted PDPA compliance officer Harris explains how SSR is protecting your data.

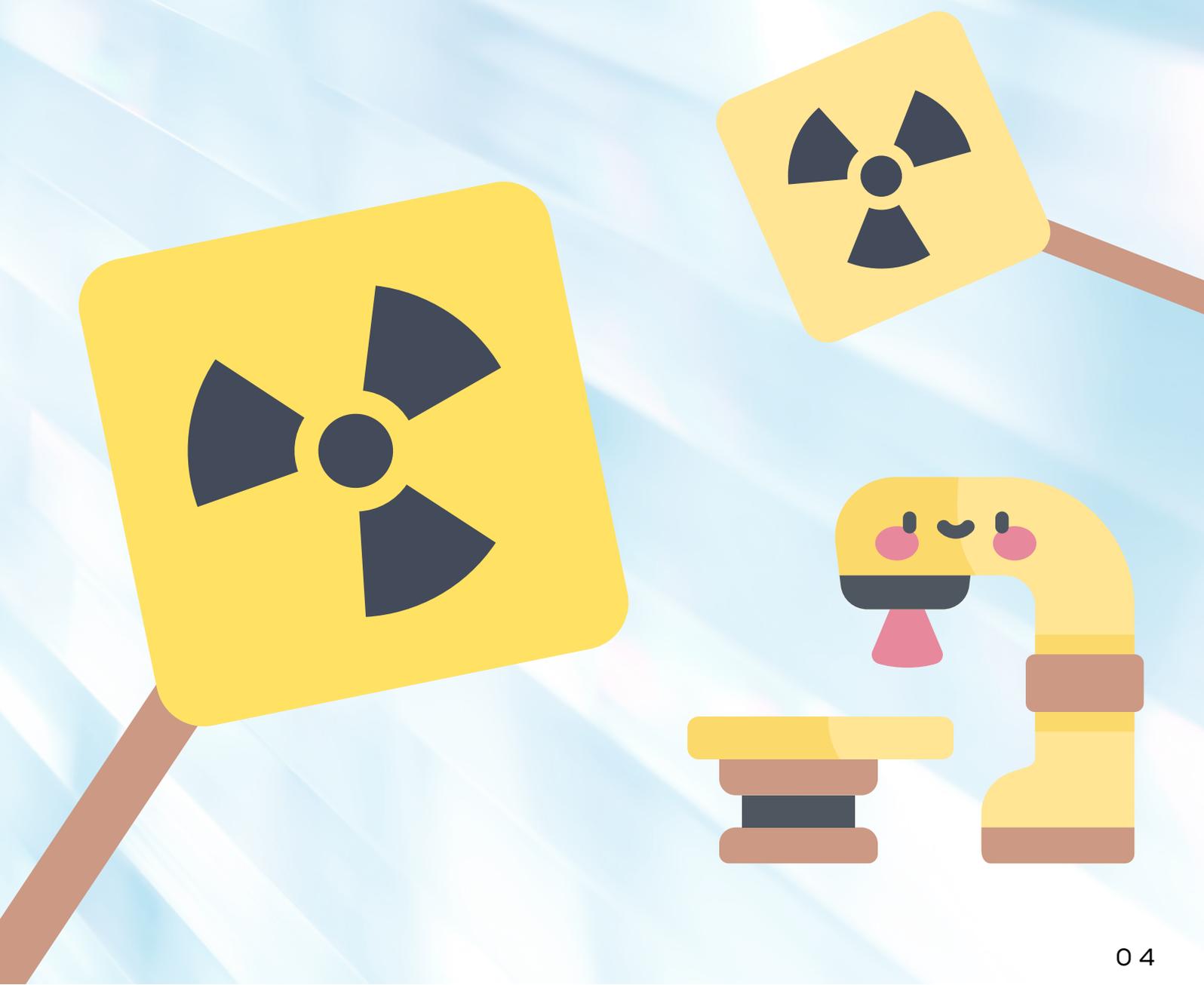
Last but not least, my heartiest congratulations to our graduating students from SIT and PWC! Welcome to the healthcare team and I am excited to work with you as full fledged radiographers! I hope that SSR can be a platform through which you can continue to work with your schoolmates and make new friends to explore advancing the profession with.

I hope you enjoy reading this issue of the SSR Promontory with all these handy tips to get you started! Whether you are learning to handle more challenging paediatric cases, setting out on your journey in research or looking for a change in how we develop ourselves in our profession, we have it all here in the newsletter.

Happy reading!

Denise Choong
President
64th EXCO

Local Radiography Scene



Conversations

with Graduating Students



Nitya D/O Mathivanan
Parkway College
DR, Y3

1. How have you found the last three years of school?

The last 3 years of school have been extremely memorable to me. I've gotten the opportunity to meet, and work with like-minded individuals who have helped me persevere through those 3 years. Lectures in school and clinicals were always very valuable to me as well. They brought on a new perspective to the way I viewed my role as a student, and how I could help my patients.

2. What concerns or sentiments do you have about entering the workforce?

Having to work during COVID would definitely be one of my concerns. However, my classmates and I have been battling COVID since our very first clinicals in year 1 and this has definitely prepared us for future working life in this pandemic. Working with COVID patients during my clinicals has allowed me to be a lot more prepared for future working life as well!

1. How have you found the last three years of school?

Throughout my three years of Uni, I would say that it has been a very pleasant and enriching experience for me. Even though most of our lectures and tutorials were conducted online due to COVID-19, it was heartening to see our classmates still making an effort to bond outside of Uni despite the lack of social contact in virtual classes.

2. What are your feelings on graduating?

It truly is a bittersweet feeling. I definitely miss our fun lab sessions, practising on one another and laughing at every little thing. Although clinicals were long and tiring, fond memories and friendships were forged in hardships and in ease, which I will cherish forever.

To my fellow batchmates, take a deep breath in, keep fighting and stay strong.



Sarah Azhar
Parkway College
DR, Y3

1. What are your feelings on graduating?

It's definitely joyous to be able to graduate with this honours degree after all the hard work put in these 4 years! However, my only regret is probably not putting in enough effort in the first year of study. But thanks to this degree programme, I managed to forge new friendships, meet new professionals, learn new skills and built meaningful relationships with my patients during clinicals and these are my main takeaways! I am glad that I made the correct choice 4 years ago, choosing RT despite my pharmacy background!

2. What concerns or sentiments do you have about entering the workforce?

Entering the workforce is definitely something that I am nervous about. Being a student for 17 years, I have never thought about how adulthood would be until today. All the school holidays, long breaks between lectures and morning sleep-in are something I wished I had cherished more when I am still a student. But with that said, I'm also excited being able to enter this industry professionally and use my own effort to meet and help my patients as a qualified healthcare professional now!



Gan Nisia, Adelaidee
Singapore Institute of Technology
RT, Y4,



Liu Nianci
Singapore Institute of Technology
RT, Y4,

1. How have you found the last four years of school?

During my 4 years at SIT, I've survived a pandemic, chased my passions, developed amazing friendships, and learned a lot about myself. Not everything has gone according to plan, but that's the nature of life. There have been a lot of mistakes made and difficulties endured, but I am ultimately very proud of myself and the growth I have experienced over the years.

I'd like to share some words of encouragement that I received in the past:

1. It's ok to struggle. Life is tough but it will make you stronger. Working adults struggle with imposter syndrome, peer pressure, stress and other things too. You're not alone. If someone puts you down for struggling, feel free to lose some acquaintances.
2. You only graduate once. Do what you want to do and enjoy the journey!



Quek Chun Hian
Singapore Institute of Technology
DR, Y4

1. How have you found the last three or four years of school?

I have found my schooling years to be long, yet fulfilling and enriching. The numerous activities and projects that I have been involved in through the years have widened my perspectives on radiography and the world that revolves around it.

2. What are your sentiments entering the workforce?

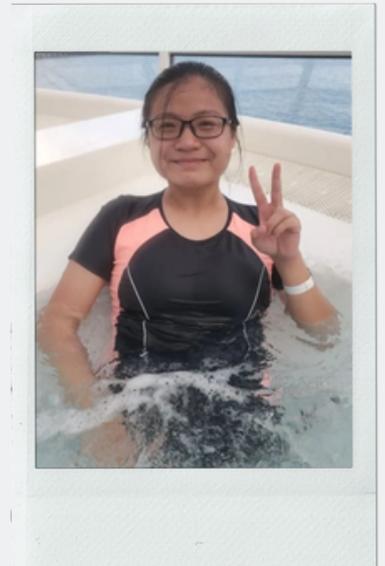
I am relieved and excited, yet apprehensive. I have gotten a glimpse of working as a radiographer through the various rotations, and I am thrilled to finally enter the workforce and collaborate with fellow radiographers, doctors and allied healthcare workers. However, being employed means that I will be transitioning from a passive to an active clinical decision maker, which could be nerve-racking for radiographers in the beginning. Moreover, as a full-fledged radiographer, I will also be a role model for future budding radiographers during their clinicals. Hence, there is a pressure to perform, but I am sure that with the encouragement and support of my fellow colleagues, I can assimilate into the job with ease.

1. How have you found the last three or four years of school?

Contrary to what I have imagined, university life has not just been about studies. In fact, I might have spent more time on other activities compared to studying. When it comes to soft skills such as interpersonal communication, teamwork and confidence, they can't be taught theoretically. These are the skills that I had the privilege to learn from as a member and leader of SIT Dancesport, SIT Rotaract Club and SITizen Ambassador.

2. What are your feelings on graduating?

If I were to answer this question in one word, it will be "bittersweet". Bitter because I will no longer be a student sheltered by educational institutions, friends and parents. To be honest, the idea of adulting and stepping into the workforce is daunting, but I know that the SIT education and multiple clinical placements have prepared me well for it. I'm excited to enter this new phase of life, to contribute further to my community through my profession and form new bonds.



Huang MeiYan
Singapore Institute of
Technology DR, Y4

Community Treatment Facility @ Tampines

Texts and pictures by Mr Hashwin Singh



Hashwin is a Senior Radiographer in Woodlands Health. Pre-COVID, he loves playing football and taking long runs. Post COVID, he loves watching football and taking long naps.



In a bid to alleviate rising pressure in public hospitals and consolidate their capacity for patients requiring specialised medical attention such as oxygen supplementation and intensive care, the establishment of Community Treatment Facilities (CTFs) was initiated by the Ministry of Health (MOH).

Woodlands Health (WH) was activated to set up the first of such facility by converting a five storey nursing home in Tampines with a bed capacity of 250 into a CTF. The facility began its operations on 23rd September 2021. With a demographic more prone to falling ill, chest X-rays were deemed crucial. As the facility had not been designed with infrastructure for an X-ray facility, a team from WH Department of Radiology (DOR) was enlisted to start and run a chest x-ray imaging service on-site.



*The team gets together before the grind commences.
From left to right: Nuramirah Bte Zainal Abidin, Alex Ho Jun Da, Yeo Si Li, Dahlia Ruth Roldan Gabriel, and Hashwin Singh.*

In this issue,

WH radiology team members take turns to share their experiences in the running of portable x-ray services in CTF@Tampines, and how it was like working with the patients there.

What were your initial reactions towards having to help set up the CTF?



Hashwin welcoming the portable machine to the facility.

“

I remember the mad scramble to set up the X-ray service here leaving me in a mix of complete bemusement and excitement. There are times when there would be scant information of what it entailed to being extracted on-site and learning on the job. My lack of experience in the setting up of such projects did bring moments of self-doubt, but thankfully I was supported by my Radiography Head, Yi Hong, the whole step of the way. Embarking on this journey would mean having to make some adjustments personally and workwise, but the opportunity to learn something new and contribute to the cause went a long way in affirming my decision.

- Hashwin Singh, Senior Radiographer

”

“

The three of us were happy and extremely excited about the project and volunteered without hesitation. We knew that the target demographic in the CTF would be the elderly and that was all the motivation we needed. We have an almost innate ability in communicating and working with the older generation, and we were confident that that skillset would be an asset for the team.

-Alex Ho Jun Da, Senior Patient Service Associate

”

What were the key operational roles that radiology played in running of the CTF?

“

Operationally, having a chest X-ray service onsite assisted the doctors with the evaluation of potential COVID disease progression and other indications such as the investigation of functional decline. It was also used for NGT placement checks for oral nutrition and medication, which proved useful considering a sizeable number of patients there were from the nursing homes and required NGTs. This was significantly helpful in reducing unnecessary referrals to tertiary acute care hospitals. Our medical team was thus able to manage these patients with more confidence.

- Yeo Si Li, Senior Radiographer

”

Were there any challenges faced during the set up and when communicating with other healthcare providers?

“

There were several complications, one being that we were deployed after patients had already been admitted on-site, which restricted our access to the room we were allocated. This meant we had to be careful in planning out the workflows and room design, and processes like end-to-end testing would require workarounds in order to adhere to the infection control regulations.

”

- Hashwin Singh, Senior Radiographer

“

The ad-hoc nature of the setup meant that it was very important that the billing for the services be performed appropriately so as to not cause complications in the future. That required a lot of communication and correspondences through many channels for the workflow to be nailed down. You could say there was a lot of work revolving around Zoom!

”

Nuramirah Bte Zainal Abidin, Senior Patient Service Associate



Hashwin and Nuramirah on their journey to the wards with the portable machine.



Hashwin, after a typical portable round.

Could you share with us a memorable encounter from your experience working in the CTF?

“

There was a patient who would cheerfully exclaim “hello x-men!” whenever we passed him during our rounds. He was bald and usually in a wheelchair, bearing a striking resemblance to Professor Xavier. I would mimic my putting my hand to my visor ala Cyclops and call out “Professor!” in reply and he would wave back. It provided me a nice bit of levity and escapism, which was greatly appreciated.

”

- Hashwin Singh, Senior Radiographer

“

We had just finished the last case during one of our morning rounds and were about to leave the ward when the neighbour of that patient suddenly approached me and started fumbling with the lower half of my PPE gown. Bewildered, I questioned her on her intents. It turned out she had 2 packets of M&Ms with her and was looking for a pocket to slip them into. She even gestured at Hashwin and exclaimed out “one for you and one for your friend!” There was a visible look of disappointment on her face when she realised that our gowns had no pockets. I felt bad having to refuse her offer and telling her to keep it for herself but it warmed my heart knowing that there were patients who recognised our efforts and wanted to show their appreciation.

”

- Dahlia Ruth Roldan Gabriel,
Asst. Supervisor Patient Service Associate

“

There were these few very enthusiastic uncles who saw us struggling with the door, portable machine and lead shield so they stood up and wanted to help us with them. Another uncle even nagged at us to remember to take our meals and have sufficient breaks! Their warmth really made our day! Lastly, the cross-department teamwork within WH and their partners at delivering the best care to our patients definitely inspired me! Everyone worked hard and showed care and concern for each other!

”

Yeo Si Li - Senior Radiographer



Si Li, Nuramirah and Alex with full PPE.



The team together, standing in isolated corners as they follow the “Only 5 in the lift at a time” rule.

It's A Wrap!



The gang assembles for the last time to clean and wrap the equipment for quarantine in the lead up to the closure of the facility in April 2022.

The Woodlands Radiography Team would like to send our heartfelt appreciation to all parties and institutions who had helped us in one way or another:

Dr Paul See, Dr Chou Hong, Mr Michael Chin from Yishun Health, Department of Diagnostic Radiology

Mr Gabriel Leong, Ms Teng Xin Ling from Changi General Hospital, Department of Radiography

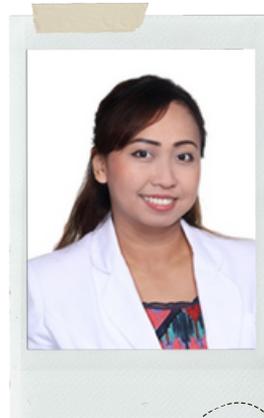
Ms Tan Chia Ling, National Healthcare Group Diagnostics

Mr Terry Lei, IHIS
Philips Healthcare, Singapore



Tips To Conducting A Successful Research Study

Texts and pictures by Ms Azizah Mohamed Affif



Azizah is a Senior Principal Radiographer of Singapore General Hospital and the Vice President of SSR. She enjoys baking and sewing in her free time. She strongly believes that positivity will overcome any obstacles and lead to further opportunities.

Find the topic

Identifying the **right topic of interest** following your research question is essential in starting out. You need to know what are your resources available and requirements needed, within your institution and/or find collaborators with the same interests in the topic. Never be afraid to think big!

1

2

Know what's already out there

Research the topic by reading the **existing literature** out there and what is the current interest in the landscape. Take opportunities in finding out the possible funders who may be interested in the topic and make a strong proposal over how the work is important to improve current practices and knowledge.

Ensure that the work meets your timeline

Setting achievable and **practical deadlines** are important to ensure success in your project. Set clear timelines of how long you need to conduct recruitment, writing periodic reports for grants, data analysis and manuscripts. Time must be allocated and manage your energy appropriately.

3



4

Get the right team members

Most projects are like rat races. Who gets to the finish line first? To get to the finish line with ease, you need **strong team members** whom you can leverage on. Who is the project manager, the do-er, the statistician, the writer, the proof-reader?

Get the right support (supervision, infrastructure, and motivation)

The right support is necessary for the project to succeed. A good environment with a healthy research culture within the institution will be effective for your project to reach its full potential. Attending research education to develop your skills, having **supportive colleagues and mentors**, facilitating networking and collaboration, having a supervisor to discuss when facing difficulties, and getting motivation from institution/environment, are key features for a good infrastructure.



5

Stay proactive

Internal motivation, persistence, determination and courage are qualities of a good researcher. Each project has its own set of roller-coaster rides. There is always room for improvement in every project, hence you need to be **proactive** and continue to face challenges positively.



6

Stay organised

Keep an **organised** research file and store your encrypted research data well. Ensure that you follow appropriate ethics recommendations in the event of potential future audits. Keep a calendar with all your timelines for due reports and ethics renewal for your project to continue with minimal disruption.



7

Write as you collect data

To achieve faster manuscript publication time, you can write as you collect your data. You can always start with writing your introduction and methods first, while the results, conclusion, and abstract to be written after the data analysis is done. Publication time can range from 3 months to a year, depending on the rejection you may receive, hence time can be minimised by **writing concurrently**.



8

Gather feedback

Get **feedback** from the proof-reader, your supervisor, research mentor, experts in the field within your institution. Send your work to a conference for an oral presentation prior to publication. This allows you to get some critique prior to publication. If you get rejected from the journal, then use the reviewers' comments to improve on your paper.



9

Do not be afraid of rejection

Getting rejected from a journal is normal. Rejection can come multiple times. Just keep reformatting and try to incorporate the comments from previous reviewers. I once was rejected in a low impact factor journal and was accepted in a higher impact factor journal. So **do not let one rejection discourage you**. That rush of getting the acceptance letter is the best reward. Always begin with an end in mind. Enjoy the research journey, and remember that perseverance is a key to success!



10

Personal Data Protection Act (PDPA)

Text and images by Mr Harris Abdul Razak



Harris is a senior radiographer in NUH. Out of his clinical duties, he enjoys tending to his growing collection of plants. He has a soft spot for cats especially British Shorthair.

“

I am delighted to be appointed as the Society's DPO. Under the Personal Data Protection Act (PDPA), organisations are required to appoint at least one individual as the data protection officer (DPO) to oversee data protection responsibilities and ensure compliance with the data protection obligations [HA1] under the PDPA. The appointment is necessary as SSR collects, stores and process our members' and contacts' personal data.

My major in Information Systems management and acquired knowledge on the PDPA framework will guide me in navigating this new role. During my tenure, I aim to develop and implement sound policies and practices for handling personal data of our members and contacts. I will also attend to any personal data-related queries or complaints.

”



We respect and keep your data safe.

SSR respect and keep your data safe by:

- Limiting access to your records to only Committee members that requires access to process your data.
- Conducting regular audits to ensure only authorised persons have accessed your data.
- Conducting Data Protection Impact Assessment (DPIA) to identify, assess and address personal data protection risks based on the society's functions, needs and processes.

Changes to membership and contact information gathering.

SSR will no longer collect personal address of our members and contacts. Historical electronic records containing members' personal address have been removed from our registry.

Greater autonomy over your personal data.

Personal data that you want to display (in member directories, forum and blog posts) as well as options to enable or disable communications from other members are accessible through [My Profile > Privacy](#).

My profile

EDIT PROFILE [My directory profile](#)

[Profile](#) [Privacy](#) [Email subscriptions](#) [My event registrations](#) [Invoices and payments](#)

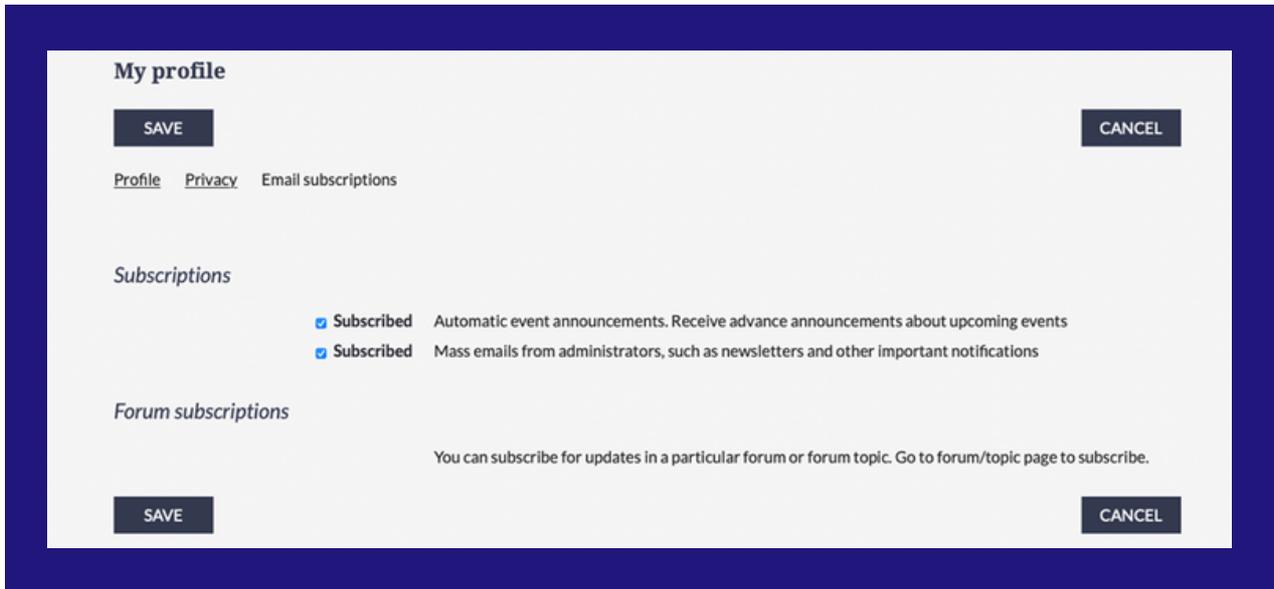
✔ Show profile to others

Details to show
(in member directories, forum and blog posts)

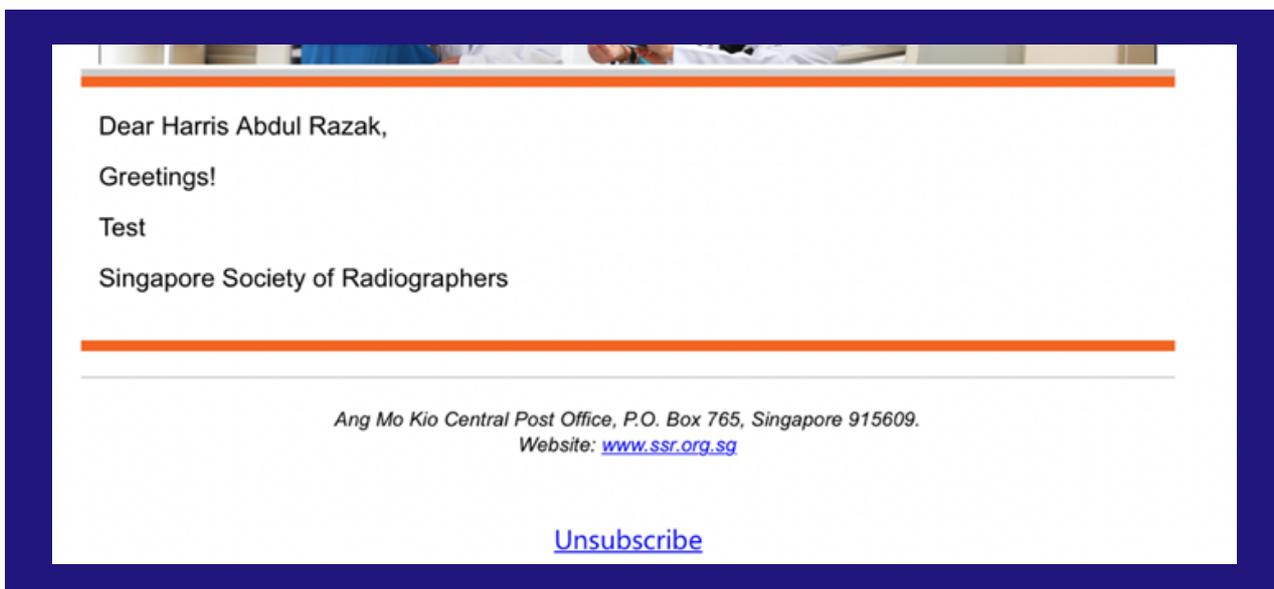
	Anybody	Members	No access
✉ Send message form		👤	
👤 Membership level			✘
User ID			✘

Making it easier to opt-out of marketing/advertisement emails.

1. Members can edit and review their subscriptions to our mailing list for automatic event announcements, advertisements and alerts for new forum updates.



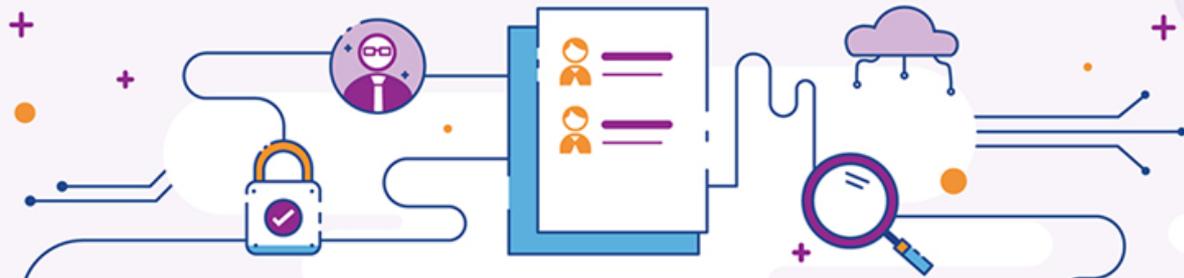
2. Our email advertisements will include the header '<ADV>' and an unsubscribe link at the bottom.



If you have any concern, query or complaint about our personal data protection policies and practices, please contact me at admin@ssr.org.

Data Protection Obligations

under the Personal Data Protection Act (PDPA)



Accountability

Collection of Personal Data



Notification



Consent



Purpose
Limitation

Care of Personal Data



Accuracy



Protection



Retention
Limitation



Transfer
Limitation

Individual's Autonomy over Personal Data



Access and
Correction



Data Breach
Notification



Data
Portability*

*This will take effect when the Regulations are issued.
Information correct as of May 2021.



Cocomelon and Pediatric Imaging

Text and photos by Mr Harris Abdul Razak

Which child wouldn't feel afraid when they enter new, cold, unknown environment? Or meeting new strangers, sick and having little to no understanding of thing around them. A visit to the hospital for most children, means sharp needles and pain. Enter the x-ray room: huge machines, loud noises, cold and bright lights. Yikes!

There was an imaging request for a skull x-ray. The patient, Leia, a 14-month child; Clinical history: fall with head injury. The mum accompanied her child. She appeared anxious but wanted to proceed with the exam. She was briefed on the procedure and consented to the use of gentle immobilization. Leia was placed on the imaging couch for the AP skull view - the mum holding the chin still for the procedure.

What is Cocomelon?



Cocomelon an American YouTube channel and streaming media show acquired by the British company Moonbug Entertainment. It is maintained by the American company Treasure Studio. Cocomelon features 3D animation videos of both traditional nursery rhymes and their original children's songs. According to market analyst firm, Nielsen, Cocomelon accounted for 33.3 billion minutes of viewing across platforms such as Netflix, Hulu, Amazon Prime and YouTube in 2021.

I broke a sweat as I was positioning Leia for the lateral view. She struggled to break free of her mum's hold. She was crying hysterically. It pained me to see the mum restrain her child for the exam and the betrayed look on Leia's face. We took a timeout to calm the child down. "Wait let me get my phone," a clinic nurse offered. When the nurse returned, she played Cocomelon's 'Wheel on the bus' video and managed to attract Leia to the video. The effect of the Cocomelon video was immediate. Leia stopped crying, her eyes glued to the screen, and she was not flailing around as before. It was an eureka moment and an imaginary voice went off "Do what you want to me but don't take away the phone with the Cocomelon video". Quickly, before any sudden change in temperament, I managed to get the elusive lateral view.

Distraction Techniques

The use of distraction in healthcare is not new. In medicine, distraction is used mostly as a pain management technique. Distraction helps patients to shift their attention away from the procedure to something more positive and engaging. In pediatric imaging, the use of distraction technique has been widely accepted as means to reduce anxiety of pediatric patients for their imaging examination. The use of distraction techniques is increasingly adopted in place of sedation in exams requiring the pediatric patient to be extremely still for lengthy exams such as in CT, MRI, and nuclear medicine. The University of Pittsburg Medical Centre (UPMC) children's hospital for instance,



Using a tablet to play Cocomelon during an imaging exam.

has incorporated age-appropriate distraction techniques as coping mechanisms to help their pediatric patients reduce anxiety. Their approach involves using a selection of multisensory experience such as making the entire imaging journey into an adventure with interactive bubble machine and a projector that displays images on the ceiling. The motivation behind this was to minimise the use of sedation and general anaesthesia in their paediatric patients, thereby avoiding increased costs and risks of hypoxaemia associated with sedation of children for MRI and CT.

Researchers at University of Iowa Children's Hospital and the UI College of Nursing has created a 'Distraction in Action' app that predicts child risk for distress with a needle stick and provides individualised instructions for parents on how to be a distraction coach for their child during the medical procedure.

Mobile devices such as handphones and tablets are readily available tools that can be used in the clinic to divert the child's attention from the procedure. In the x-ray department, parents can distract their child with music, videos and toys to provide them something engrossing on which to focus their attention while the radiographer positions for the exam.

Children experience the world through a different lens than an adult patient due to the difference in social, psychological and cognitive experiences. We need to consider how our work appears from the point of view of the pediatric patient and be nimble in adjusting how we operate with the pediatric patient in mind. Understanding the various developmental stages of a child (i.e. newborns, infants, toddlers, preschool, school age, and adolescents) will assist the radiographer in selecting a suitable approach to the examination and provide effective patient communication.

The challenging part of pediatric imaging is getting the pediatric patient to cooperate. This ability to connect is key to a successful exam.

Tips for improving pediatric compliance

1



Guardian's involvement

The presence of the guardian in the room provides the child with security. The guardian can also assist with immobilisation.

2



Element of play

Play has also been proven to be an invaluable tool in helping children understand procedures and treatments. It enables both children and guardians to gain familiarity with unusual hospital equipment. Make it fun!

3

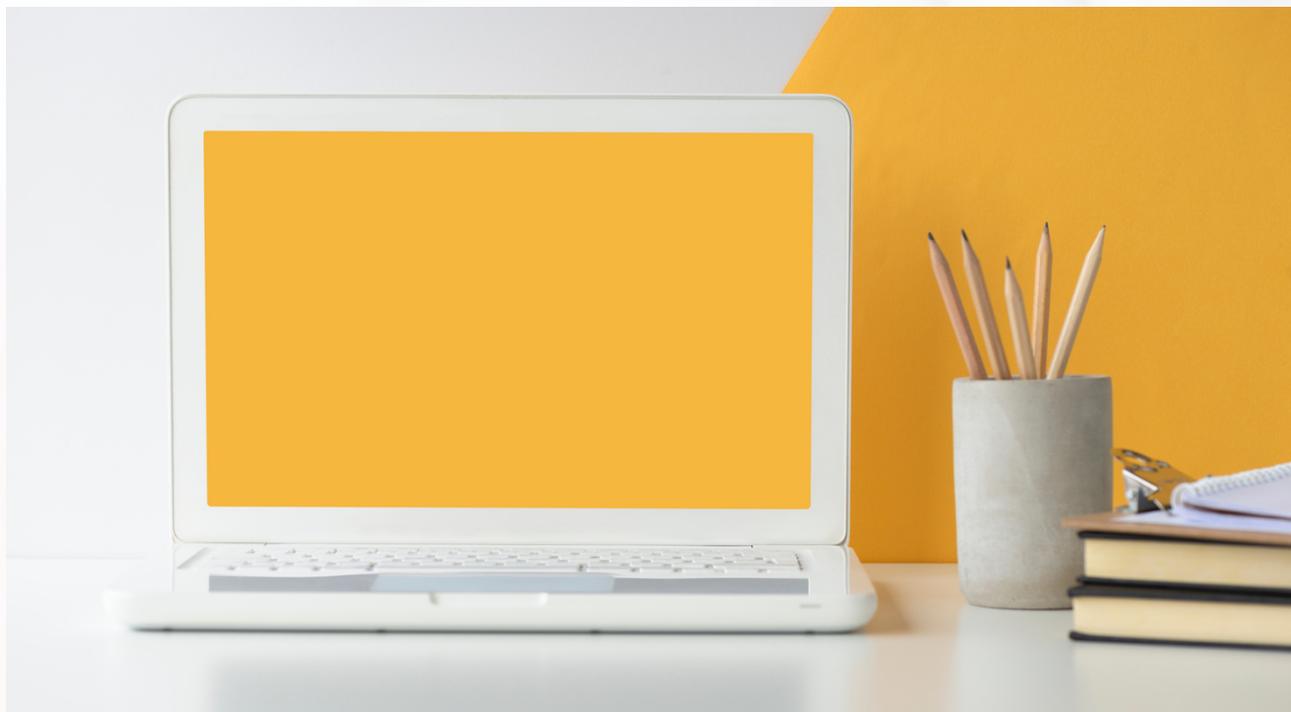


Calm, positive atmosphere

Anxiety level of the child may increase if surrounding environment is loud. Create a safe and positive atmosphere. Give verbal encouragement to motivate the child during examination.

Harris is a Senior Radiographer from the National University Hospital and oversees a pediatric clinic under NUH.

Continuous Professional Development



Xu Kai is a senior radiographer in National University Hospital. He loves adventures and enjoys mountain hikes.

Continuous Professional Development (CPD) programmes are educational activities that aim to develop professionals so that they stay abreast with newfound research, good clinical practices, and updates from their counterparts. CPD has always been the focus of the Singapore Society of Radiographers (SSR). This also aligns with the Allied Health Professional Council's (AHPC) push for registered AHPs to engage in professional development. As the healthcare industry continues to work towards elevating quality patient care, academia has to be one of the key drivers to stimulate discussions and collaborations.

The CPD Framework

The CPD Framework was developed in 2018 by the SSR Academic Team. The 3 key objectives of the CPD Framework are: (1) to promote lifelong learning, (2) to maintain and improve the professional practice, and (3) to improve the safety and quality of care provided for patients and the public. The framework consists of 7 broad categories, each with its associated professional learning activities.

The 7 categories are:

- **Safety and Quality Improvement**
- **Professional Development**
- **Education**
- **Self-Directed Learning**
- **Research**
- **Publication and Presentations**
- **Conferences and Meetings**



The Accreditation Process



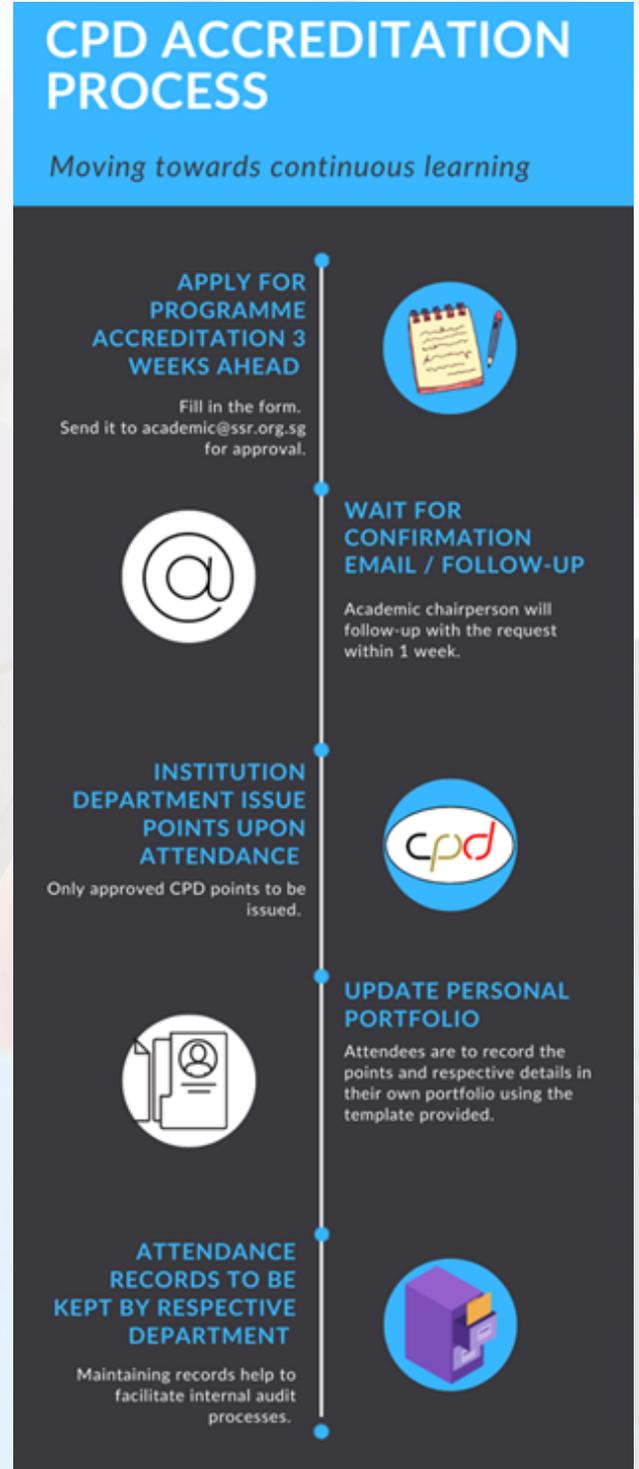
The SSR has been a key provider and accreditor of CPD programs for the local community of Radiographers, Radiation Therapists, and other radiological imaging and therapeutic technologists. With the accreditation of in-house programmes initiated by institutions, participants can accumulate credit points with proof of their attendance.

The application process for validation is simple as laid out in the graphical process chart. It can also be found here on our [website](#).

Programs applied for validation will be evaluated and early submission of at least 3 weeks in advance is encouraged. As a general guide, activity should be profession-related and 1 credit point will be awarded for every 45 minutes of learning.

All validated CPD programmes will appear on a common public record which can be accessed via our website [here](#).

This can be used by the various departments and institutions for their internal auditing purposes.



Frequently Asked Questions

Is CPD mandatory?

Currently, CPD points are voluntary but may be mandatory in future for renewal of allied health professionals' practicing certificate.

Do I need to be a SSR member to get CPD points?

No, you do not have to be a SSR member.

How do I know how many CPD points I have?

Individuals should keep their track of their own CPD records. Please refer to SSR list of approved activities for CPD points. We recommend you to keep your documentations as proof of your CPD activities.

How do I know if my programme qualifies for accreditation?

As a general guide, activity should be profession-related and 1 credit point will be awarded for every 45 minutes of learning.

How do I modify my CPD application once its already approved?

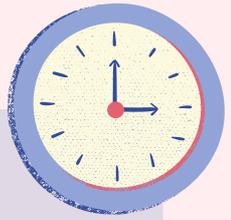
You may send us another programme validation form with the updated programme up to 7 days after the programme date, with the Reference Number of the previous approved validation. Email to academic@ssr.org.sg and we will get back to you within 3 weeks.

How to I publicise my talk or workshop with SSR after SSR has approved the validation?

After your talk/workshop is approved, we will send you our CPD logo for you to place on your programme flyer. The Singapore Society of Radiographers offers advertising services on our website and Facebook page. For more information please email external.relations@ssr.org.sg.

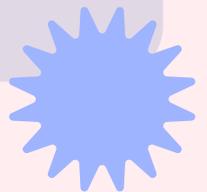


Upcoming Events



LOCAL CONFERENCES

- 8 November:** SGCR WIRES 2022
- 12-14 August:** World Radiography Day
- March 2023:** 6th SSR Annual Scientific Meeting
Photo Contest



OVERSEAS CONFERENCES

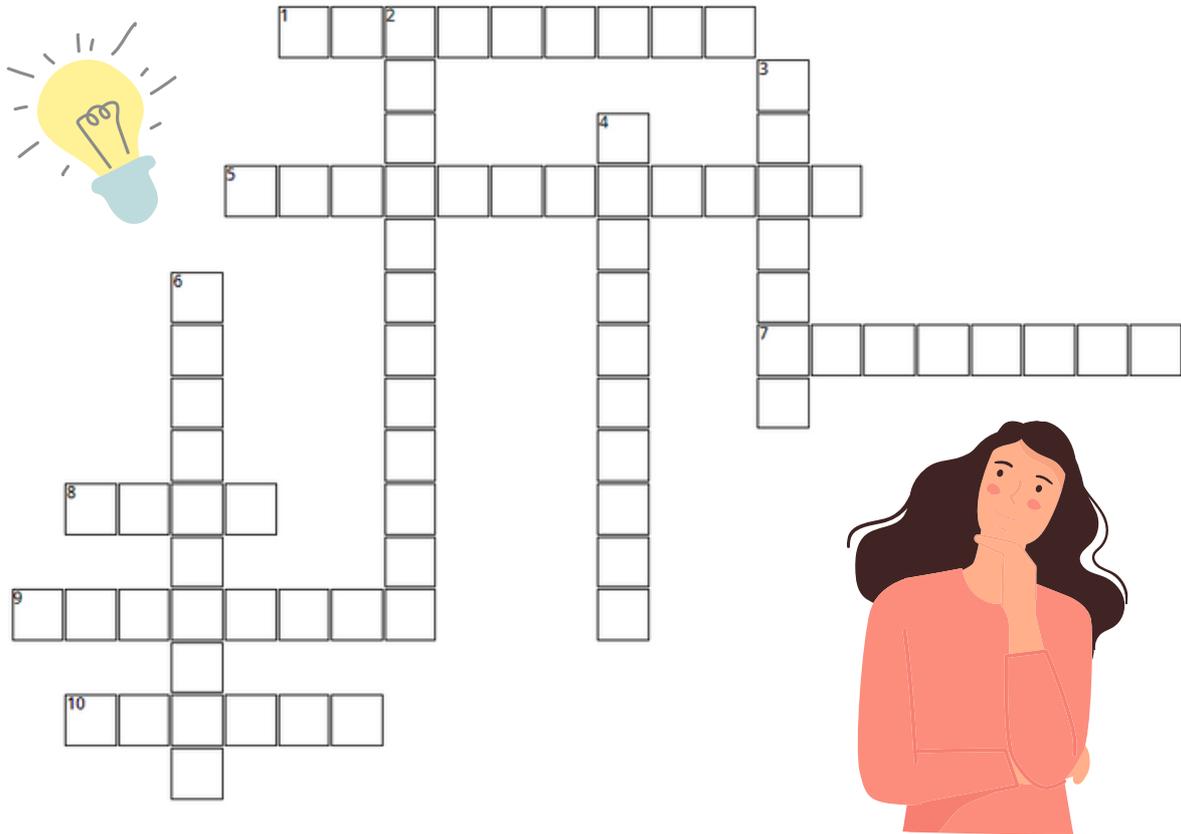
- 20-24 Sept:** 20th Asian Oceanian Congress of Radiology Seoul, Korea
- 12-14 August:** RSNA 2022 Chicago, USA
- 15-17 Dec :** 22nd ISSRT World Congress Bangkok, Thailand



PROMONTORY Crossword

In this issue, SSR brings you a DR/RT themed crossword puzzle.

Share this with your friends, and do not cheat! 😊



Across

1. A type of cancer that starts in cells that make up the skin or the tissue lining organs.
5. A health care professional who operate special scanning machines that make images for medical purposes.
7. A unit of exposure dose that measures x-rays or gamma rays.
8. A painless test that produces images of the structures inside your body — particularly your bones.
9. The study of cancer.
10. A condition, tumor, or growth that is not cancerous and does not spread to other parts of the body.

Down

2. A cancer treatment that uses high doses of radiation to kill cancer cells and shrink tumors.
3. A unit of radiation exposure dose that a person receives.
4. An image produced on a sensitive plate or film by X-rays.
6. An imaging method that uses sound waves to produce images of structures in the body.



Answers will be revealed in the upcoming Promontory Issue. 😊

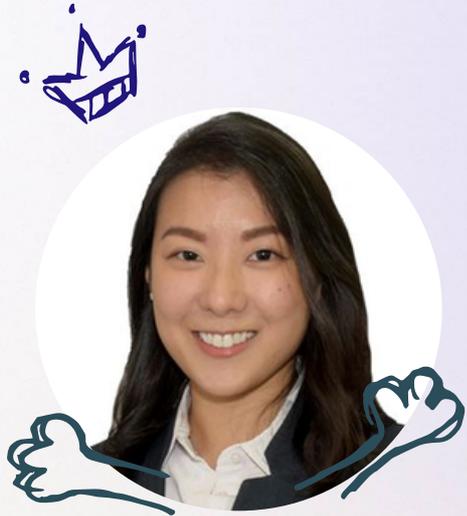


Faces of the 64th Executive Committee



A photo taken during our recent 64th EXCO Outing.
From left to right: Jesveena, June, Elizabeth, Xu Kai, Han Min, Chloe, Denise, Azizah, Jasmine.

THANK YOU FOR SUPPORTING US AS YOUR **64TH SSR EXCO**



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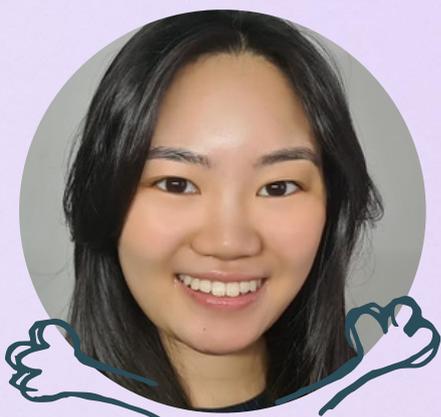
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